

SMITH LAW, P.A.
49 PLEASANT STREET
BRUNSWICK, MAINE 04011
(207) 721-0622

ELDER RESOURCE GUIDE

BRUNSWICK/TOPSHAM
AND SURROUNDING AREAS

(current as of February 2021)

We've compiled this guide to help our senior clients and their families explore the elder care and support options in our area and find those that work best given each client's unique needs. This information is based on our research but keep in mind that it may not be 100% accurate at the time you are reading this.

We also suggest you reach out to the following organizations who can help you sort through the programs and services available and help coordinate care.

SeniorsPlus / Elder Independence of Maine

Phone: (207) 795-4010

Website: www.seniorsplus.org

Southern Maine Agency on Aging

Phone: (207) 396-6500

Website: www.smaaa.org

HOME HEALTH CARE OPTIONS		
Company Name	Contact Information	Contact Name
Aging Excellence	168 Pleasant Street Brunswick, ME 04011 T: (207) 729-0991 E: kate@seniorsonthego.com	Brianna Wiggins, Service administrator (preferred) Kate Adams, Owner
Androscoggin Home Care & Hospice	15 Strawberry Avenue Lewiston, ME 04240 T: (207) 777-7740 E: developmentoffice@ahch.org	Ask for the patient service center, no designated administrator

CHANS Home Health Care	60 Baribeau Drive Brunswick, ME 04011 T: (207) 729-6782 E: CHANS@midcoasthealth.com	No designated administrator
Comfort Keepers (non-medical)	63 A-2 Elm Street Topsham, ME 04086 T: (207) 563-2273	Paula Goode, managing director
Go Safe & Philips Lifeline ERS (24-Hour Emergency Response System)	MaineHealth Care at Home Lifeline Coordinator T: (207) 205-5762 E-mail: JAMurray@mhcah.org	No specific individual
Linda's Home Care Planning & Staffing (non-medical)	Tel: (207) 607-9083 E-mail: lahcplanning@gmail.com	Linda Adams
Neighbors, Inc. (non-medical)	142 Neptune Drive Brunswick, ME 04011 T: 725-9444 E: neighbors@neighborsinc.com	Melissa Edwards, Manager
People Plus (meal service)	35 Union Street Brunswick, ME 04011 T: (207) 729-0757	Jill Ellis, Programming/ Outreach Coordinator
Pine Tree Home Health Care (non-medical)	21 Upper Village Road New Gloucester, ME 04260 T: (207) 926-6190 E: pinetreehome@maine.rr.com	Nicholas Glidden, Homecare Supervisor
SecureCare (24-hour Emergency Response Service)	58 Baribeau Drive Brunswick, ME, 04011 Mid Coast Senior Health Coordinator T: (207) 373-3635	No designated administrator
Spectrum Generations Meals on Wheels (meal service)	35 Union St Brunswick, ME 04011 Assistant Nutrition Director: E-Mail: mthomas@spectrumgenerations.org Sagadahoc County (including Brunswick and Harpswell) T: (207) 729-0475	Megan Thomas, Assistant Nutrition Director: Augusta and Kennebec County T: (207) 620-1418

TRANSPORTATION	
Company Name	Contact Information
Brunswick Explorer	Brunswick Station 16 Station Avenue, Suite 107 Brunswick, ME 04011 T: (207) 721-9600
Volunteer Transportation Network	People Plus 35 Union Street Brunswick, ME 04011 T: (207) 729-0757

INDEPENDENT LIVING			
Company Name	Contact Information	Contact Name	Accepts MaineCare?
Coastal Landing	142 Neptune Drive Brunswick, ME 04011 T: (207) 837-6560 E: cladmin@rmimaine.com	Sue Cary, Administrator	No
The Highlands	30 Governors Way Topsham, ME 04086 T: (207) 725-2650	Stephanie O'Leary, Director of Sales and Marketing; Rebecca Gagnon as a secondary contact	No
Highland Green	7 Evergreen Circle Topsham, ME 04086 T: (207) 725-4549 E: jleahy@highlandgreenlifestyle.com	John Leahy, Director of Marking and Sales	No
Ocean View at Falmouth	20 Blueberry Lane Falmouth, ME 04105 T: (207) 781-4460	Gloria Walker, Marketing and Sales Director	No
Piper Shores	15 Piper Road Scarborough, ME 04074 T: (207) 883-8700	Call number listed and they will direct based on specific needs of client	No
St. Andrews Village	145 Emery Lane Boothbay Harbor, ME 04538 T: (207) 633-0920	Bob Drury, Director of Marketing	Yes
Schooner Cove	35 Schooner Street Damariscotta, ME 04543 T: (207) 563-5523 E: bruce.hardina@lchcare.org	Karen Westhaver, Executive director	No

Schooner Estates	200 Stetson Road Auburn, ME 04210 T: (207) 784-2900 E: schooner@schoonerestates.com	Lindsay Remington, Marketing associate	No
Thornton Oaks	Thornton Oaks 25 Thornton Way, No. 100 Brunswick, Maine 04011 T: (207) 729-8033 E: HRecknagel@ThorntonOaks.com	Henry Recknagel, Director of Sales	No

**ASSISTED LIVING,
SKILLED NURSING, AND
REHABILITATION**

Company Name	Contact Information	Contact Name	Accepts MaineCare?
Avita of Brunswick	89 Admiral Fitch Drive Brunswick, ME 04011 T: (207) 729-6222 E: bethany@avitaofbrunswick.com	Bethany Tyler, Sales Director	Yes
Bay Square at Yarmouth	27 Forest Falls Drive Yarmouth, ME 04096 T: (207) 447-9075	Samantha Nelson, Director of community relations	No
Bella Point Assisted Living (part of DLTC Healthcare)	3 East Street Freeport, ME 04032 T: (207) 865-4713 E: info@dltchealthcare.com	n/a	Yes
Bodwell Nursing & Rehabilitation Center (Mid Coast Senior Health)	58 Baribeau Drive Brunswick, ME 04011 T: (207) 373-3646	Anne-Marie Brown Program Manager for Marketing & Admissions	Yes
Brentwood Center for Health & Rehabilitation	370 Portland Street Yarmouth, ME 04096 T: (207) 846-9021	Brenda MacDonald, Director of Admissions	Yes
Chase Point Assisted Living	51 Schooner Street Damariscotta, ME 04543 T: (207) 563-4200 E: chasepointinquiry@lchcare.org	n/a	No
Clover Manor	440 Minot Ave. Auburn, ME 04210 T: (207) 784-3573 E: information@clovermanor.com	Julia Hadley, work with long term care and assisted living needs	Yes

Coastal Shores	142 Neptune Drive Brunswick, ME 04011 T: (207) 725-5801 E: admissionsdirector@rmimaine.com	Jenny Khuong, Admissions Director	No
Cove's Edge	26 Schooner Street Damariscotta, ME 04543 T: (207) 563-4600 E: ChasePointInquiry@LCHCare.org	Rosie Bowman, Social Worker for the Skilled Nursing Unit	Yes
Dionne Commons	24 Maurice Drive Brunswick, ME 04011 T: (207) 725-4379 E: admissionsdirector@rmimaine.com	Wendy Rider dcadmin@rmimaine.com	Yes
Elm Street Assisted Living	56 Elm Street Topsham, ME 04086 T: (207) 725-1134 E: steve@elmstreetal.com	Stephen and Craig Alaimo, Father/Son Owners	Yes
Falmouth by the Sea	191 Foreside Road Falmouth, ME 04105 T: (207) 781-4714 E: admin@falmouthsea.com	Amy McGeachey Bond, Administrator	Yes
Freeport Place	4 Old Country Road Freeport, ME 04032 T: (207) 865-4782 E: adminhawthornehouse@firstatlantic.com	Eric Pooler	Yes
The Garden Memory Care Community (Mid Coast Senior Health)	58 Baribeau Drive Brunswick, ME 04011 T: (207) 373-3646 E: info@thegardenatmidcoast.com	Louise Nadeau, Community Relations/Admissions Coordinator	No
Hawthorne House	6 Old Country Road Freeport, ME 04032 T: (207) 865-4782 E: admissionshawthornehouse@firstatlantic.com	Nancy Keegan	Yes
The Highlands	30 Governors Way Topsham, ME 04086 T: (207) 725-2650	Chelsie Mitchell Executive Director	No
HillHouse Assisted Living	166 Whiskeag Road Bath, ME 04530 T: (207) 443-6301 E: janetaylor2000@ymail.com	Mary Lou Ciolfi, Acting Administrator	No
Hillside Terrace (Woodlands Senior Living)	21 Warren Street Hallowell, ME 04347 T: (207) 622-5644 E: fmerritt@woodlandsmaine.com	Flor Merritt, Administrator	Yes

Horizons Living & Rehabilitation Center	29 Maurice Drive Brunswick, ME 04011 T: (207) 725-7495 E: admissionsdirector@rmimaine.com	Jenny Khuong, Admissions	Yes
Hospice of Southern Maine	390 US-1, Scarborough, ME 04074 T: (207) 289-3600 E: info@hospiceofsouthernmaine.org	Heidi Farber, Operation Director	Yes
Island Commons	132 Littlefield Road Chebeague Island, ME 04017 T: (207) 846-4456 E: icadmin@chebeague.net	Amy Rich, Administrator	Yes
The Lamp Memory Care Center	64 Lisbon Street Lisbon, ME 04250 T: (207) 353-4318	Paula Houst	Yes
Ledgeview Assisted Living	92 US Route One Cumberland Foreside, ME 04110-1315 T: (207) 781-2408 E: home@ledgeviewassistedliving.com	David & Karen Landa	No
Mere Point Long Term Care Community (Mid Coast Senior Health)	58 Baribeau Drive Brunswick, ME 04011 T: (207) 373-3646	Ann-Marie Duplisea (Direct: 207-373-3633)	Yes
Montello Manor & Montello Commons	540 College Street Lewiston, ME 04240 T: (207) 783-2039 E: nursemgrmm@firstatlantic.com	Jennifer Drott RN, Admissions Coordinator	Yes
OceanView at Falmouth	20 Blueberry Lane Falmouth, ME 04105 T: (207) 781-4460	Gloria Walker, Marketing and Sales Director	No
Odd Fellows' & Rebekas' Home of Maine	85 Caron Lane Auburn, ME 04210 T: (207) 786-4616 E: smorrison@homeofmaine.com	Sandra Morrison, Director of Admissions	unclear
Plant Memorial Home	1 Washington Street Bath, ME 04530 T: (207) 443-2244 E: jburden@planthome.org	Housing/Tours: (207) 443-8986 Elisabeth Wyman, Executive Director	No
Russell Park Rehab and Living Center	158 Russell St. Lewiston, ME 04240 T: (207) 786-0691	Tamra Deering, Vice President of Admissions Management	Yes
St. Andrews Village	145 Emery Lane Boothbay Harbor, ME 04538 T: (207) 633-0920	Bob Drury, Director of Marketing	Yes
St. Mary's D'Youville Pavilion	102 Campus Ave. Lewiston, ME 04240 T: (207) 777-4200	Marissa S. Varney, Director of Nursing and Assistant Administrator	Yes

Sedgewood Commons	22 Northbrook Drive Falmouth, ME 04105 T: (207) 781-5775	Joshua Daniel, Admissions coordinator	Yes
Sunnybrook Village	340 Bath Road #230 Brunswick, ME 04011 T: (207) 443-9100 E: bridgit@sunnybrookvillage.com	Katie Neuguth, Marketing Director	No
Thornton Hall (Mid Coast Senior Health)	56 Baribeau Drive Brunswick, ME 04011 T: (207) 373-3646 E: info@thorntonhallatmidcoast.com	Louise Nadeau, Community Relations/Admissions Coordinator	No
The Vicarage By The Sea	9 Vicarage Lane Harpwell, ME 04079 T: (207) 833-5480 E: jwigg@thevicaragebythesea.com	Johanna Wigg	No
Winship Green Center for Health & Rehabilitation	51 Winship Street Bath, ME 04530 T: (207) 443-9772	Lisa Gellatly, Director of Admissions and Marketing	Yes
Woodlands Senior Living in Hallowell (Assisted Living and Memory Care)	152 Winthrop Street Hallowell, ME 04347 T: (207) 623-3396 E: vtowne@woodlandsmaine.com	Vicki Towne, Executive Director	Yes
Woodlands Senior Living in Lewiston (Memory Care)	45 Mollison Way Lewiston, ME 04240 (207) 440-6040 E: ccloutier@woodlandsmaine.com	Charity Cloutier, Administrator	Yes